



St Mary's Primary School, Greenlough

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Principal: Mr. M Meehan

15th November 2023

Dear Parents

As part of our curriculum, and to help prepare the children for adulthood, we provide Personal, Social and Health Education sessions throughout the school year. As part of this, we would like to deliver a puberty talk to our year 6 & 7 children on **Monday 27th November 2023**.

As the children begin to move through key stage two, it is an important time to discuss body changes as it reduces anxiety for the children if they realise what is happening to them is normal. Children talk about these issues amongst themselves and can sometimes pick up misleading information. It is important they are given the facts in a caring, nurturing, and relaxed environment.

The boys and girls will be split into two groups with Mrs Quinn, Mrs Duffy & Mrs McDaid talking to the girls and Mr Meehan & Mr Warnock talking to the boys. Please click on the links below to view the presentations that will be shared with the relevant groups of children, they are saved on our school website www.stmaryspsgreenlough.com/parents-area/school-letters/

Boys

https://storage.googleapis.com/siteassetsswd/460/docletter/20231115095031_70_BOYS_PUBERTY_TALK_2023.pdf

Girls

https://storage.googleapis.com/siteassetsswd/460/docletter/20231115095032_88_GIRLS_PUBERTY_TALK_2023.pdf

Please contact the school in advance of the session if you do NOT wish your child to take part. If you have any questions or concerns regarding this, please do not hesitate to contact Mrs Quinn (*Girls Presentation*) rquinn574@c2kni.net or Mr Meehan (*Boys Presentation*) mmeehan763@c2kni.net

Yours Sincerely

Martin Meehan

Mr M. Meehan (*Principal*)